



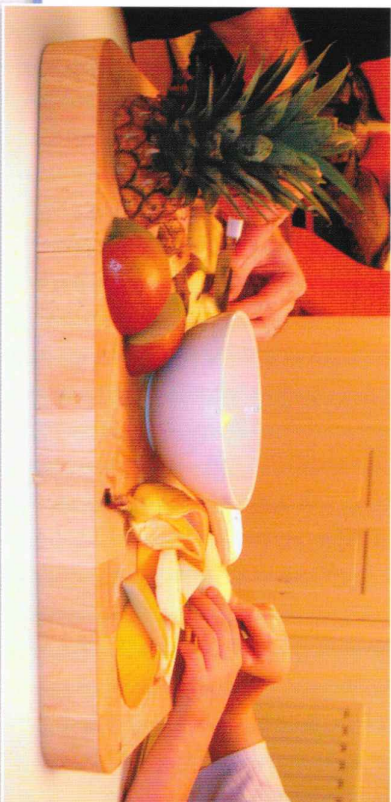
## Boris Bug's things to do

- Make a book about fruit or vegetables. Draw a fruit or vegetable on each page and write something about it.
- Draw a picture of a vegetable stall in the market. Make a label for each vegetable. Give each one a price.
- Do some potato printing.
- Ask a grown-up to help you.

## Make a fruit salad

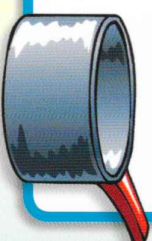
Think about the fruit you will use. Wash the fruit first. Take off the leaves. Take off the stalks. You will have to peel the skin from some fruit. Ask a grown-up to help you to chop the fruit.

Write down how to make a fruit salad, so that other children can make one too.



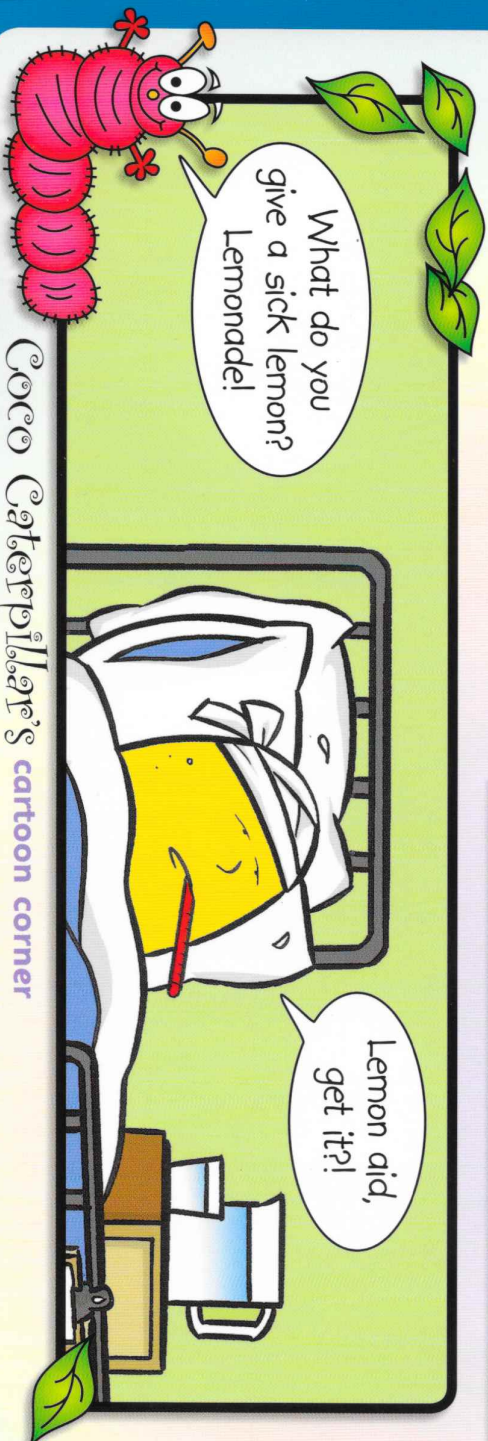
## Sid Spider's things to find out

Find out about the different ways in which we can cook vegetables:  
**fry, boil, roast, steam.**  
How do we do this?



## Key words

cooked	salad
fruit	seed
pip	shopping list
raw	vegetable



Coco Caterpillar's cartoon corner