

# ANTI-BULLYING WEEK

MONDAY 13TH - FRIDAY 17TH  
NOVEMBER 2017

## ASSEMBLY AND WORKSHOPS: THE BIGGER PICTURE- YEARS 2-6

***"I'm really glad to be able to tell my story. I want to help people see the bigger picture of how what they do or say can have an impact on other people's feelings." (Walla, Age 10)***

The Bigger Picture programme is designed to focus on the relationships we form with others, as well as the importance of embracing and celebrating differences. Throughout an engaging 45 minute assembly, students are sensitively exposed to a variety of characters to which they can relate and/or recognise in their school. Using these characters as a basis for discussion, they will further explore what it takes to make positive relationships during facilitator led drama workshops, as well as by completing sections of the accompanying activity pack in class with their teachers.

**£495 plus VAT:** 45 minute assembly plus 4 x 1 hour workshops

## ASSEMBLY AND WORKSHOPS: WITH ALL DUE RESPECT- YEARS 2-6

***"I used to think that it was just me; that perhaps I wasn't being respectful, and so they weren't showing me any respect back, but now I'm not so sure. I've realised that sometimes you don't have to actually do anything for people to pick on you..."***

Bigfoot's new respect programme aims to raise awareness about how we treat others, and how we expect to be treated ourselves, on a most basic level. By planting the seeds of what 'respect' means and the forms it can take by introducing students to several animated characters during the assembly, they will begin to explore and reflect on how negative attitudes and behaviour can make people feel, both at school and at home.

**£495 plus VAT:** 45 minute assembly plus 4 x 1 hour workshops

## WORKSHOP: KIND CAMPAIGN FILM MAKING CREW

Working with a specialist facilitator, students will take part in drama workshops exploring what is bullying, how it feels to be bullied and how we can show kindness to others. Over the course of the day the children create their own anti-bullying campaign, exploring how we can be more caring and promoting acts of kindness. Highlights are then filmed and edited before being shown back to the rest of the school at the end of the day.

**£495 plus VAT:** 4 x 1 hour workshops with film showing



## WORKSHOPS:

### R.e.s.p.e.c.t - KS2

**'Respect' is a tricky concept to grasp; it refers to not only how you feel and act towards others, but also yourself. Therefore, if you are 'disrespectful' it can be damaging to how you are seen and treated by others, as well as how you view yourself.**

By exploring how we form and maintain relationships with each other, students will be encouraged to consider how respectful communication can assist in combating bullying in their school. With Bigfoot's help participants will experiment with a variety of peer mediation techniques whilst learning the importance of embracing and celebrating differences.

**£295 plus VAT:** Up to 5 x 1 hour workshops

### Cyber Safety - KS2

**Bigfoot's 'Cyber Safety' workshops encourage students to consider how we communicate by phone and internet, along with the implications this can have at home, at school and in the wider community.**

Through a variety of drama and communication games and exercises, students will explore what cyber bullying is, identifying the differences to 'face to face' bullying and understanding the effects on victims. Together the students will discuss how to stay safe online, creating 'Cyber safe adverts' to share information and advice with their peers. A brilliantly positive, fun and informative experience for students to safely explore a serious issue facing all young people today.

**£295 plus VAT:** Up to 5 x 1 hour workshops

“ Really great combination of enthusiasm and knowledge. The facilitator knew how to engage with the kids and get over the importance of his topic at the appropriate level! ”

**Ravensworth Terrace Primary**

“ The workshops were enjoyed by all of the pupils (and staff!) and I am pleased that the children demonstrated openness and maturity around the issues involved. Subsequent work and discussion in school has been enhanced by your involvement - thank you. ”

**Stanley Crook Primary**

“ The children were involved, interested and heard the message being shared. ”

**Darras Hall First School**



### I like Myself - KS1

**I like myself, I'm glad I'm me, there's no one else I'd rather be. And I don't care in any way, what someone else may think or say. I'm having too much fun, you see, for anything to bother me!**

Bigfoot uses Karen Beaumont's inspiring ode to self-esteem as a basis for creative workshops aimed at encouraging young students to appreciate everything about themselves, inside and out. Messy hair? Beaver breath? So what! This little girl knows that being proud of being you is the most important thing ....something all of us, regardless of age, would do well to remember!

**£295 plus VAT:** Up to 5 x 1 hour workshops

### I wish I could... EYFS

**Simple, intimate and inspiring....group storytelling at its best**

In the rainbow forest the insects are having a talent competition. The winner gets to add a new story to the story tree! Tara is the only person who isn't excited; she's the judge. How will she choose a winner? This is a tale about talents old and new, and learning to be the most proud of you.

**£250 plus VAT:** Half Day (up to 3 x storytelling workshops)

**£395 plus VAT:** Full Day (up to 5 x storytelling workshops)



**FOR MORE INFORMATION OR TO MAKE A BOOKING PLEASE CONTACT RACHEL ADAMSON**

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