

Year B – Medium Term Plan RHE / PHSE



Year B Summer Term	
Nursery Dinosaurs	Reception Dinosaurs
<p>(Development Matters PSED 3–4-year-olds)</p> <p>Pay attention to one thing at a time and shift attention</p> <p>Develop sense of responsibility</p> <p>Begin to find own solutions to conflicts</p> <p>Select and use resources to achieve a short-term goal</p>	<p>(Development Matters PSED Children in Reception)</p> <p>Show resilience and perseverance</p> <p>Use simple strategies to manage feelings</p> <p>Being able to wait for what they want and control their immediate impulses when appropriate</p> <p>Give focused attention to adults</p> <p>Follow instructions involving several ideas or actions</p>
<p>To engage with adult-led activities, shifting my attention from one activity to another</p> <p>To develop a sense of responsibility for looking after my own needs e.g. dressing myself more independently</p> <p>To develop a sense of responsibility for looking after our classroom and resources</p> <p>To use my words to solve a problem with a peer, with adult support</p> <p>To play more purposefully, choosing resources and activities according to my plan</p>	<p>To learn some simple ways to manage my feelings that work for me – individual to each child</p> <p>To regulate myself when I need to wait for something</p> <p>To control my impulses to do something I know I should not do</p> <p>To listen and engage more deeply in adult-led activities and whole-school assemblies</p> <p>To follow multiple-step instructions</p>
<p>Key Vocabulary</p> <p>Dinosaur, names of dinosaurs, claw, beak, wings, teeth, scales, horns, feet, grown-ups, job, first, then, look after, independent, classroom, toys, words, talk, problem solve, friends, happy, sad, cross, angry, share, take turns, plan</p>	<p>Key Vocabulary</p> <p>Dinosaur, names of dinosaurs, claw, beak, wings, teeth, scales, horns, feet, manage, feelings, anger, fear, worry, sad, happy, excited, calm, wait, patient, stop myself, self-control, listen, think, instructions</p>
Year 1 / 2 Economic Wellbeing	Year 3 / 4 Safety and the changing Body
<p>Money</p> <p>To know that coins and notes have different values</p> <p>To know where children might get money from</p> <p>To know why it is wrong to steal money</p> <p>To know where adults might get money from(YR2)</p> <p>Needs and Wants</p> <p>To know some things I need (Y1)</p> <p>To know things that I own which are 'wants' (Y1)</p> <p>To know why people have to prioritise needs over wants (Y2)</p> <p>To know that I may need to save money to buy something I want (Y2)</p> <p>Saving and Spending</p> <p>To know that we can make choices about what to do with our money</p>	<p>Fake Emails</p> <p>To know that not all emails are genuine.</p> <p>To know that I can recognise when an email might be fake.</p> <p>To know that I shouldn't click on links in an email unless I know what it is.</p> <p>To know what to do if I suspect an email is fake.</p> <p>Internet Safety – Age Restrictions</p> <p>To know that age restrictions are designed to protect us.</p> <p>To know some legal age restrictions.</p> <p>To know how to explain why age restrictions are put in place.</p> <p>To know reasons to support a point of view.</p>

To know what might influence these choices

Banks and Building Societies

To know that banks and building societies help to keep money safe

To know why a savings account helps me to save

To know what I should look for when choosing a bank account(YR2)

Jobs

I know that there are different jobs in school (Yr1)

To Know the skills people need to do different jobs (Yr1)

To know there are many different jobs outside school (Yr2)

To know some of the things involved in choosing a job (Yr2)

Consuming Information online

To know how a search engine works.

To know whether information will be useful or not.

To know why some information might come up in my search that isn't relevant to me.

Tobacco

To know the risks of smoking and the benefits of being a non-smoker.

To know the possible risks of smoking tobacco.

To know the benefits of being a non-smoker.

To know what the law states about buying tobacco.

First Aid, asthma

To know how to help someone with asthma.

To know and manage a casualty who is having difficulty breathing due to asthma.

To know how to ensure the safety of myself and others.

To know how to assess a casualty's condition calmly.

To know how to comfort and reassure a casualty who is having an asthma attack.

Alcohol and tobacco

To know and understand the choices people can make and those which are made or influenced by others.

Year 3

To know some choices I can make.

To know why some decisions are made for me.

To know who might make choices for me.

Year 4

To know that there are people who will influence what I choose.

To know how someone's influence might not be good for me.

First Aid – Emergencies and Calling for help

To know the role they can take in an emergency situation.

To know it is most important to ensure the safety of myself and others in the event of an emergency.

To know how to assist in an emergency by correctly calling for help.

To know the information I need to give to emergency services if they are called to an incident.

Year 4 only

To know the physical differences between children and adults.

	<p>To know that my body will change as I become an adult. To know that different changes happen to males and females. To know some physical differences between child and adult bodies. To know ways to look after my personal hygiene.</p> <p>Road Safety To develop an understanding of safety on or near roads. To know the basic rules for keeping safe on or near roads. To know rules for keeping safe. To know how to seek medical help if required.</p>
<p>Key Vocabulary Money, Coins, Notes, Value, Savings, Pocket money, Earn Wages (Y2) Benefits (Y2) Presents (Y2) Pension (Y2) Need Want, Survive, Essential, Priority Choice, Save, Spend, Interest, Bank Building society Safe, Interest, Bank account, Job, Skill, Earn, Money Interests</p>	<p>Key Vocabulary Age restriction, Allergic, Anaphylaxis, Asthma, Breasts, Bullying, Casualty, Choice Cyberbullying, Decision, Distraction, Fake, Genitals, Influence, Injuries, Law, Protect Puberty, Public, Tobacco</p>
Summer Term 2	
Nursery Hunting For Treasure	Reception Hunting For Treasure
Make good choices in terms of toothbrushing Understand and prepare for transition into Reception	<p>Reception (Development Matters PSED Children in Reception) Know right from wrong Know and talk about the factors that support health and wellbeing Show independence, resilience and perseverance in the face of challenge Show sensitivity to their own and others needs Understand and prepare for transition into Year One</p>
<p>To know about how my friends are feeling and understand my actions affect the way my friends feel To play in a group, extending play by adding ideas To resolve conflicts with my peers by using language, with adult support where necessary To know that I need to brush my teeth twice a day To know that I am moving up to Reception and understand what will change and</p>	<p>To listen to stories about pirates and explain whether I think the actions of the characters were right or wrong, and why To make comparisons between characters' actions and similar experiences from real life To know there are important things I need to do to look after my body such as toothbrushing, water safety, sun safety, road safety To know that I am moving up to Year One and understand what will change and what will stay the same</p>

what will stay the same	<p>To talk about how I am feeling about moving up to year one, expressing any anxieties and things I am looking forward to</p> <p>To understand and accept that my friends have their own feelings about moving up to Year One</p> <p>To show resilience in the face of changes at school</p> <p>To develop independence in learning and looking after myself</p>
<p>Key Vocabulary</p> <p>Treasure, treasure chest, pirate, ship, sea, sail, sea shanties, Friends, feelings, sad, happy, cross, angry, worried, upset, calm, scared, play, together, ideas, problem solving, talk, tooth brushing, look after myself, clean, moving up, Reception, same, different</p>	<p>Key Vocabulary</p> <p>Treasure, treasure chest, pirate, ship, sea, sail, sea shanties, Self-care, look after myself, safety, hygiene, tooth brushing, body, moving up, year one, change, stay the same, new, classroom, teacher, friends, worries, excited, looking forward, resilient, independent</p>
Year 1 /2 Transition	Year 3 / 4 Transition
<p>To know the positives and challenges of change</p> <p>Year 1</p> <p>To know that everyone has different strengths</p> <p>To know some of the skills I have developed in Year 1</p> <p>Year 2</p> <p>To know how to ask questions to help me deal with change</p> <p>To know who can help us deal with change</p>	<p>To know how to create goals to achieve in Year 4 (Y3)</p> <p>To understand the strategies people use to cope with change (Y4)</p> <p>To know how to identify my achievements this year</p> <p>Year 3</p> <p>To be able to set myself goals</p> <p>I know who I can talk to if I am worried about anything</p> <p>Year 4</p> <p>To know that there are different strategies I can use to deal with change</p> <p>To know that the opportunities and responsibilities that change might bring</p>
<p>Key Vocabulary</p> <p>Strengths, Skills, Move, Change (Y2), Feelings (Y2), Emotions (Y2)</p>	<p>Key Vocabulary</p> <p>Opportunity (Y4), Responsibility (Y4), Change, Cope (Y4)</p> <p>Strategies (Y4), Targets (Y3), Goals (Y3)</p>