



At Sleaford First School we enable our children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing, we help to develop their sense of self-worth. We teach them how society is organised and governed. We ensure that children experience the process of democracy and teach them about rights and responsibilities. Our children learn to appreciate what it means to be a positive member of a diverse and multi-cultural society.

Our aim is to teach children how to navigate through life safely, happily and healthily. Children live in a world that is constantly changing and we work in partnership with our parents to teach the children transferable life skills. We teach children about the world around them, relationships, emotions, the changing body and health in order to equip them with transferable skills needed for a happy and successful life. We consistently promote and celebrate the upholding of British values.

Personal development is both a subject and an ethos that is promoted everyday here at Sleaford. Every child is nurtured and valued for their own individuality, and we teach personal development in a wide range of contexts throughout the children's time in school. We ensure that;

- it is taught with cross-curricular links in lessons, such as English, physical education and religious education
- staff members consistently model how to be a good citizen and uphold the school values
- it is taught through assemblies (whole school and special visitors)
- specialist staff work with individuals and groups
- e-safety lessons in computing and class sessions are delivered
- we celebrate positive learning attributes with weekly certificates within before and after school clubs
- well thought through transitions throughout the school and beyond are organised
- there is a focus on mental and physical health (mindfulness clubs / 'inamojo')
- school council meet regularly
- relationships and health education are taught
- eco-warriors operate within school
- we celebrate different languages, cultures and religions

Personal Development it is taught in discrete lessons within the following themes-

Families and Relationships
Health and Wellbeing
Safety and the Changing Body
Citizenship
Economic Wellbeing
Transition