

## The RSE (SRE) Core Curriculum Outline

The RSE Core Curriculum offers an overview for foundation stage, primary and secondary curriculum for school staff in Northumberland via a dedicated website. It provides learning outcomes and suggested resources to use with pupils in mainstream school and with pupils who have a learning disability or difficulty. Detail has been provided in relation to those aspects that Ofsted has recommended require improvement, such as the identification of clear learning outcomes and assessment processes.

TOPICS	Northumberland RSE Primary Curriculum Overview						Secondary Curriculum Overview						
	Foundation Stage	KS 1		KS 2			KS 3			KS 4		KS 5	
	Early Years	Year One	Year Two	Year Three	Year Four	Year Five	Year Six	Year Seven	Year Eight	Year Nine	Year Ten	Year Eleven	Year Twelve & Thirteen
	Myself & others	Myself & others	Differences boys & girls	Self esteem	Growing & changing	Talking about puberty	Puberty	RSE assessment & group agreement	RSE assessment & group agreement	RSE assessment & group agreement	RSE assessment & group agreement	RSE assessment & group agreement	RSE assessment & group agreement
	Family networks	Body parts	Differences male & females	Challenging gender stereotypes	Keeping safe	Growing and changing	Relationships	Changes in puberty	Talking about relationships & sex	Reasons to delay sex	Body image & relationships	Safer sex	Chlamydia & Gonorrhoea
	Body awareness	Family	Naming body parts	Differences male & female	What is puberty? (optional)	Puberty & hygiene	Conception & pregnancy	Puberty & reproduction	Conception & pregnancy	Identity & sexuality	Healthy relationships	Pregnancy options and parenting	Adult sexual health services
	Hygiene	Friendships	Everybody needs caring for	Family differences	Thinking, feeling, doing – challenging relationships	Wet dreams & menstruation (boys)	Being a parent	Managing feelings	Contraception	Contraception	Fantasy 'v' reality	Child sexual exploitation (CSE)	Healthy relationships
		Choices	Looking after the body	Decision making	Assertiveness skills	Menstruation & wet dreams (girls)	Appropriate touch	FGM	Consequences of sexual activity	STI's	Negotiation skills	Relationship violence	
				Safety	Your question answered	Building good relationships	Your question answered	Friendships	Social pressures on young people	Recognising & managing risks (CSE)	HIV	Consent & rape	
Include assessment opportunities in every lesson and at the end of each unit													

# RSE in Northumberland



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**Further details on the Northumberland RSE Core Curriculum are available from**

**[www.northumberland.gov.uk/Default.aspx?page=10773](http://www.northumberland.gov.uk/Default.aspx?page=10773)**

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